

Natalie Heldmann

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Education

Ballet—12 years

Pointe—5 years

Tap—10 years

Lyrical—10 years

Contemporary—9 years

Intensives and Training

2020—Summer Intensive at School of American Ballet (Virtual, NY)

2021—Summer Intensive at School of American Ballet (New York)

2022—Spring Intensive at Royal Ballet (London)

2022—Summer Intensive at The HARID Conservatory (Boca, Raton, FL)

2023—Summer Intensive at Joffrey Ballet (Chicago, IL)

2023-24—Walnut Hill School for Performing Arts (Boston, MA)

Student Productions

Nutcracker

2019—Clara

2020—Clara

2021—Sugarplum Variation

2022—Snow Queen, Sugarplum Variation

Sleeping Beauty

2022—Aurora

Dance Awards

2019 NYCDA Outstanding Dancer

2023 NYCDA Outstanding Dancer

2023 Youth America Grand Prix Nationals